



ORCUTT UNION SCHOOL DISTRICT
CHILD NUTRITION DEPARTMENT
"We kale about our kids!"

MEETING DATE:

November 07, 2019

3:45-4:45 pm

District Office 500 Dyer Street Orcutt, CA

MEETING MINUTES

1) Welcome All!!!!

- please see handouts and take what you like
- please sign in sheet on the sign in sheet
- smart snacks available, please sample!

2) Wellness committee is a mandatory for all public schools in the USA that participate in the NSLP. We meet 3X/year & I hope to see you all the next mtg!!!

3) Taste testing!!!!!!!

- a. All the snacks today are smart snack compliant.
- b. Show the smart snack calculator on the website page



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- 4) Summary of Wellness Committee goals & requirements:
 - a. Locate policy on website
 - b. Summarize policy:
 - a. WP is specific goals for nutritional promotion & education, physical activity & student wellness
 - b. States standards for nutritional guidelines of all foods & bevs. sold or provided to students during the school day.
 - i. Specific standards are NSLP smart snack & quick ref guides *
 - c. The school day is defined as 30 minutes after school until midnight
 - d. Guidelines for the *marketing of* all foods & bevs. on campus'
 - e. Conduct a triennial assessment every 3 years & inform public
 - f. Update WP as needed and inform public
- 5) Brief recap of Wellness Summit Meeting on October 30,2019...we learned about many great things-and also the triennial assessment.....
- 6) Wellness committee's yearly goals: **(WILL MEET ON THIS NEXT MEETINGS)**
 - a. Self-Assessment:



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- i. Conducting a self-assessment
- ii. Review tools used to assess at next meeting
- iii. Preliminary "marketing", education & usage of The Wellness Site Binders

7) Next meeting...will be mid-January (same time and place....)

8) Any comments or additional items to discuss? Now & for next meeting.....