

# Football 2023

## Central Sierra (8man)

\*Indicates League Games

Date	Day	Away	Home	Location	Time	Early Out	Bus
8/12	Sat	OAHS-scrimmage	Fulton	FCPHS	10AM	NEO	6:30AM
8/26	Sat	OAHS	Laguna	LBHS	1PM	NEO	10:30AM
9/2	Sat	OAHS	VCA	VCA	6PM	NEO	No Bus
9/8	Fri	OAHS	Coast Union	CUHS	7PM	2:45PM	3:00PM
9/16		BYE WEEK					
9/23	Sat	OAHS	SLOCA	Soto Sports Complex	6PM	NEO	4:00
<b>9/30</b>	<b>Sat</b>	<b>Laton*</b>	<b>OAHS</b>	<b>PVHS</b>	<b>6PM</b>	<b>NEO</b>	<b>No Bus</b>
10/6	Fri	OAHS*	Alpaugh	APHS	6PM	12:15PM	12:45PM
<b>10/14</b>	<b>Sat</b>	<b>Sierra*</b>	<b>OAHS</b>	<b>PVHS</b>	<b>6PM</b>	<b>NEO</b>	<b>No Bus</b>
10/21	Sat	OAHS*	Riverdale Christian	RHS	11AM	NEO	6:30AM
10/27	Fri	OAHS*	Fresno Christian	FCHS	6PM	11:15AM	11:45AM

**CIF Playoffs- 11/3,9,17,24**

**BDs8/25**

## Cheer FALL 2023

Date	Day	Away	Home	Location	Time
8/26	Sat	OAHS	Laguna Blanca	LBHS	1PM
9/2	Sat	OAHS	VCA	VCA	6PM
9/8	Fri	OAHS	Coast Union	CUHS	7PM
9/23	Sat	OAHS	SLOCA	Soto Sports Complex	6PM
<b>9/30</b>	<b>Sat</b>	<b>Laton*</b>	<b>OAHS (Sr. Night)</b>	<b>PVHS</b>	<b>6PM</b>
<b>10/14</b>	<b>Sat</b>	<b>Sierra*</b>	<b>OAHS (Homecoming)</b>	<b>PVHS</b>	<b>6PM</b>

**Girls Volleyball 2023**  
**Ocean League\*Indicates league games**

Date	Day	Away	Home	Location	Time	Early Out
8/15	Tues	OAHS	Coast Union	CUHS	4&5PM	JV-1:00 V-2:00
8/17	Thurs	OAHS	Laguna Blanca	Laguna Blanca	5&6PM	JV-2:30
8/22	Tues	OAHS*	SMHS	SMHS	5&6PM	NEO
<b>8/24</b>	<b>Thurs</b>	<b>MBHS*</b>	<b>OAHS</b>	<b>OJHS</b>	<b>5&amp;6PM</b>	<b>NEO</b>
<b>8/28</b>	<b>Mon</b>	<b>NHS*</b>	<b>OAHS</b>	<b>OJHS</b>	<b>5&amp;6</b>	<b>NEO</b>
8/29	Tues	OAHS	Templeton	THS	5&6	JV-2:30
8/31	Thurs	OAHS*	CHS	CHS	5&6PM	NEO
<b>9/6</b>	<b>Wed</b>	<b>AHS*</b>	<b>OAHS</b>	<b>OJHS</b>	<b>5&amp;6PM</b>	<b>NEO</b>
9/9	Sat	OAHS	Varsity Pink Tourney	CUHS	TBA	NEO
<b>9/12</b>	<b>Tues</b>	<b>LHS*</b>	<b>OAHS</b>	<b>OJHS</b>	<b>5&amp;6PM</b>	<b>NEO</b>
9/14	Thurs	OAHS*	PVHS	PVHS	4:30&5:30 PM	NEO
<b>9/19</b>	<b>Tues</b>	<b>RHS</b>	<b>OAHS</b>	<b>OJHS</b>	<b>5&amp;6 PM</b>	<b>NEO</b>
<b>9/21</b>	<b>Thurs</b>	<b>SMHS*</b>	<b>OAHS</b>	<b>OJHS</b>	<b>5:30&amp;6:30 PM</b>	<b>NEO</b>
9/23	Sat	OAHS	JV-PV Tourney	PV	8AM	NEO
9/25	Mon	OAHS*	MBHS	MBHS	5&6PM	JV-2:15 V-NEO
9/30	Sat	OAHS	Varsity-Atascader o Tourney	Atascadero HS	Coach meet 8AM	
<b>10/3</b>	<b>Tues</b>	<b>CHS*</b>	<b>OAHS</b>	<b>OJHS</b>	<b>5&amp;6PM</b>	<b>NEO</b>
10/5	Thurs	OAHS*	NHS	NHS	5&6PM	Jv-2:40 V-NEO
10/10	Tues	OAHS*	AHS	AHS	5&6PM	JV-2:00 V-NEO
10/12	Thurs	OAHS*	LHS	LHS	5&6PM	JV-2:40 V-NEO
<b>10/17</b>	<b>Tues</b>	<b>PVHS*</b>	<b>OAHS-Sr.Game</b>	<b>OJHS</b>	<b>5&amp;6PM</b>	<b>NEO</b>
10/19	Thurs	OAHS*	RHS	RHS	5:0&6:00P M	NEO

CIF Playoffs- 10/24, 10/26, 10/31, 11/2

BDS- 8/21/23

**OAHS CROSS COUNTRY 2023**  
**Mountain League**

Date	Day	Away	Location	Time	Early Out	Bus
9/2	Sat	Big Ditch Classic	AG/Tally Fields/Lopez	TBA	NEO:	no
9/9	Sat	Morro Bay Invite	MBHS	9:30	NEO	yes-7am
9/16	Sat	Ojai or Fresno	TBA	9:00	NEO	yes-5:30AM
9/23	Sat	Waller Park Goose Chase	Waller Park	TBA	NEO	no
9/30	Sat	Mid Season Duals	ELKS	TBA	NEO	no
10/14	Sat	Goleta Invite	Dos Pueblos	9:00	NEO	yes-6:30
10/20	Fri	Meadow Park/Cuesta Invite	Cuesta-Fairbanks	9:00	NEO	Yes 7:15
10/25	Wed	County	Lompoc	2:30	11:30	12:00
11/4	Sat	League Finals	ELKS	9:00	NEO	no
11/16	Thur	CIF	Woodward Park	TBA	TBA	van
11/25	Fri	State	Woodward Park	TBA	TBA	van

CIF- 11/16-Woodward Park,Fresno

BDs10/10/23

State-11/25 same as above

## Girls Tennis 2023

Ocean League \* Indicates League Matches  
JV will play opposite Varsity if there is an opponent

Date	Day	Away	Home	Location	Time	Early Out	
8/24	Thurs	OAHS	THS	THS	3:30 PM	1:00 PM	
8/29	Tues	MCP*	OAHS	Hancock	3:30 PM	2:00 PM	
8/31	Thurs	OAHS*	CHS	CHS	3:45 PM	1:45 PM	
9/5	Tues	NHS*	OAHS	Hancock	3:30 PM	2:00 PM	
9/6	Wed	JV CHS*	JV OAHS	OAHS	3:30 PM	2:00 PM	
9/7	Thurs	OAHS*	PVHS	PVHS	3:30 PM	2:00 PM	
	JV	PVHS	OAHS	Hancock	3:30 PM	2:00 PM	
9/12	Tues	OAHS*	RHS	RHS	3:30 PM	2:00 PM	
	JV	RHS	OAHS	Hancock	3:30 PM	2:00 PM	
9/14	Thurs	OAHS*	MBHS	MBHS	3:30 PM	1:00 PM	
9/19	Tues	SMHS*	OAHS	Hancock	3:30 PM	2:00 PM	
	JV	OAHS	SMHS	SMHS	4:15 PM	2:50 PM	
9/20	Wed	JV	AHS	OAHS	Hancock	4:15 PM	2:50 PM
9/21	Thurs	OAHS*	AHS	AHS	3:30 PM	12:30 PM	
9/27	Wed	OAHS	St.Joe	SJHS	3:30PM	2:00 PM	
		JV	St Joe	OAHS-JV	Hancock	4:15	2:50PM
9/28	Thurs	OAHS*	MCP	Sinsheimer	3:30 PM	1:45 PM	
10/3	Tues	CHS*	OAHS	Hancock	3:30 PM	2:00 PM	
10/4	Wed	JV	NHS	OAHS	Hancock	4:15 PM	2:50 PM
10/5	Thurs	OAHS*	NHS	NGS	3:30 PM	2:00 PM	
10/6	Fri	JV	OAHS	CHS	CHS	4:15PM	2:45PM
10/10	Tues	PVHS*	OAHS	Hancock	3:30 PM	2:00 PM	
	JV	OAHS	PVHS	PVHS	4:15 PM	3:00 PM	
10/11	JV	OAHS	RHS	RHS	4:15PM	3:00 PM	
10/12	Thurs	RHS*	OAHS-Sr.Game	Hancock	3:30 PM	2:00 PM	
10/18 -19		League		NHS			

CIF 11/3,4,10,11,17,18

BDs10/3/23

## Girls Golf 2023 Ocean League

\*All League Matches are Mini's

<b>Date</b>	<b>Day</b>	<b>Away</b>	<b>Home</b>	<b>Location</b>	<b>Time</b>	<b>Early Out</b>
<b>8/21</b>	<b>Mon</b>	<b>Lompoc-dual</b>	<b>OAHS</b>	<b>Rancho</b>	<b>3:00</b>	<b>1:45</b>
8/28	Mon	OAHS*	CHS	Mission Club-SG(9)	1:30PM	12:00
9/7	Thurs	OAHS*	MPHS	SLO Country Club	2:00 PM	12:30 PM
9/11	Mon	OAHS*	MBHS	Morro Bay	12:00PM	10:00AM
<b>9/14</b>	<b>Thur</b>	<b>St. Joe</b>	<b>OAHS</b>	<b>Rancho</b>	<b>3:00PM</b>	<b>1:45PM</b>
9/18	Mon	OAHS*	NHS	Monarch-arrive@1PM	2:30PM	12:50PM
<b>9/21</b>	<b>Thur</b>	<b>Atascadero-dual</b>	<b>OAHS</b>	<b>Rancho-(9)</b>	<b>3:00PM</b>	<b>1:30PM</b>
<b>9/25</b>	<b>Mon</b>		<b>OAHS*</b>	<b>Rancho</b>	<b>1:00PM</b>	<b>11:45PM</b>
10/2	Mon	OAHS*	SMHS	SMCC	3:00PM	1:30PM
10/10	Tues	OAHS*	THS	Hunter Ranch	2:00	11:45
10/17	Tues	OAHS*	PVHS	Blacklake-League finals	12:00 PM	10:30AM
10/24		Area				
10/30		Sectionals				

BDs 10/10/23